

Introductory Standard

ISSA Standard: Keelboat Level 1 (Part)

General Certification Requirements

Introductory Certification holders have undertaken a basic crew course to enable them to master the rudimentary skills of sailing.

Recommended Equipment

It is recommended that Basic Keelboat Certification courses and examinations be conducted on 18' to 27' daysailing sloop-rigged keelboats with tiller steering and with adequate equipment inventory to complete all required certification outcomes.

Prerequisite

There is no prerequisite.

Onshore

Preparation on Shore

General briefing on Safety.

- Safety Equipment and Use
- How to put on a Personal Flotation Device (PFD).

Sailing Theory:

- Points of sail and the NO GO ZONE.

On Board

Preparation to Sail:

- Board a boat properly.
- Experience a presail crew safety brief.
- Demonstrate the proper rigging of the sails, halyards, sheets, and blocks
- Demonstrate correct use of sailing systems, cleats & winches.

Crew Operations and Skills

- How to use sail controls: halyards, sheets.

Leaving the Mooring:

- Crew coordination and skills for departure suitable to the conditions: raising sails, line handling, casting off and boathandling.

Boat Control

- Steering control
- Crew coordination and communication
- Tacking
- Gybing
- Correct sail trim

Collision Rules

- Appreciate collision avoidance and applications for Stand-On and Give-Way sailboats and powerboats.

Returning to the Mooring:

- Crew coordination and skills for arrival under sail and/or power suitable to the conditions.

Securing the Boat Properly:

- Demonstrate stowing of sails, rigging and equipment.
- Check the locks on companionway, lockers and hatches.
- Make a final check of mooring line.