

## Skipper Course Program - 2 Days

### Day 1 Sailing a Keelboat

**Start Finish**

**9.00 16.30** Administration and Introduction

**Onshore** Skipper's responsibilities  
Weather  
Command  
Crew briefing & plan of responsibilities  
Knots and Lines  
Overboard Recovery Methods

**On Board** Yacht systems  
Safety Equipment  
Emergency Procedures  
Rigging the yacht  
Leaving the Mooring  
Sail Trim/Controls  
Boat Control under Sail  
Overboard Recovery Methods  
Quick-Stop and Quick-Turn methods  
MOB Exercise  
Returning to the Mooring  
Planning approach for Wind & Current  
Heavy Weather Sailing  
Sail Trim/Controls  
Boat Control under Sail  
Securing the Boat Properly

**Onshore** Debrief

### Day 2 Sailing a Cruising Yacht

**9.00 16.30** Pilotage

**Onshore** Correct Use of the Log  
Planning  
Towing  
Overboard Recovery Methods  
Safety and Emergency Procedures

**On Board** Crew briefing  
Leaving the Dock or Mooring  
Boat Control  
Sail Controls  
Overboard Recovery Methods  
Anchoring Techniques  
Heavy Weather Sailing  
Returning to the Dock or Mooring  
Securing the Boat Properly

**Onshore** Debrief